

9 QUESTIONS TO FIND YOUR UNIQUE VOICE



with vocal coach + artist mentor

ROXIE FRANCIS

READY TO FIND YOUR VOICE?

Get clarity on which style, songs and singers bring out your shine?

Discover your vocal profile?

*No amount of vocal exercises will find your unique voice,
but asking yourself the right questions will.
Asking the right questions will set your voice free.*

Today is about setting aside time for you to do the important work of diving deep into your desires and getting clear on your unique voice and identity. As well as your singing strengths, challenges and goals.

Let's shine a light on you. Let's bring out and bring forth your singing destiny--your powerful voice and message! Let's create momentum, starting now!

I'm Roxie Francis, vocal coach and artist mentor for big-hearted, passionate singers like you. I have spent over a decade training and collaborating with Grammy award winners, TV + YouTube stars as well as new singers who just want to reach their highest potential.

Lovely, I truly care about you getting results! And I want you to sound extraordinary in every song you sing. You will get the best results by setting aside 90 minutes to take action and write down all your answers. It is very important that you do not just watch this video, but that you also complete the workbook and take notes.

Sooo seriously, fill out the text boxes fully, leaving no white space on the page and complete all of your assignments.

Email us your completed workbook with all the boxes filled and assignments completed, and you will get a special something from us here at IHMV.

CONGRATS on taking the first step towards finding your unique voice and going after your singing dream. Thank you for taking your valuable time to download this training.

IN THIS 2 PART TRAINING YOU WILL UNCOVER:

PART 1

This training begins with a lecture where you will discover:

- The importance of picking the right style + songs (and how to find yours!)
- What your vocal identity is and why you must let your freak flag fly.
- The only person who you should be in competition with.
- The number #1 reason that causes the most #FOMO (Fear Of Missing Out).

PART 2

This training will give you expert guidance to answer 9 Powerful Q's To Find Your Unique Voice, because without clarity you cannot change anything! A quick workshop for clarity, confidence and vision for you to find your voice. Here are the 9 Q's you'll be answering:

1. What is the next level for your voice? What are your singing goals for the next 90 days?
2. Why do you have these goals for you and your voice? What is your why?
3. What do you love about your voice and personality? What are your strengths?
4. What has been holding you back?
5. What are your biggest technical challenges with your voice?
6. Which 3 genres or styles of music best suits your voice and your strengths. And why?
7. Which 3 singers do you naturally sound most similar to? And why?
8. What are your top 3 fav cover songs to sing by each of your top 3 favorite singers?
9. What is your vocal profile?

PART 1: LECTURE RECAP

*No one is ever
going to be better at
sounding like you than you
...and that is your gift!*

The first step to finding your unique voice is knowing that no one is ever going to be better at sounding like you than you--and that is your gift!

If you try to make yourself sound like anyone other than yourself, you're short-changing your unique strengths, gifts and talents from shining through!

It's your authenticity that will have you standing out from the crowd!

You see, your voice is as unique as a thumb print. And since our voices are inside of our bodies, and everyone's bodies are shaped differently, no two voices will ever sound the same.

And you deserve to know how special you are because of that!

Let's take Whitney Houston and Mariah Carey. Both Whitney and Mariah could sing their hearts out and they could belt these long powerful and beautiful notes, but Whitney had a bigger + thicker tone. And Mariah has a thinner + lighter tone.

*When they each sing a high C,
they sound totally different--even though they are singing the same note!*

*And yet, because they owned their differences,
they each sounded absolutely extraordinary in their own right!*

Pick the right style and songs that suit your voice

Next, pick the right style and songs that work for your voice! Doing this is the key to your ultimate singing success because the right songs will make or break you during your singing journey!

In order for the songs that you sing to flatter your voice, you've gotta be crystal clear on your unique tone, style and range so you can choose the best songs that fit your voice!

It's like getting fit for your wedding dress or tuxedo: what fits great on one person may not fit great on another. The size of the dress, the length, where the waist is located...All these things matter!

You don't want to force yourself into a dress that just doesn't fit, right? If the dress is too big, it will drag on the floor. If it's too small, you'll have to squeeze into it and feel uncomfortable the whole time, causing it to rip and tear! And the same thing applies to singing!

I want the songs and style you choose to sing to cater to the natural shape and sound of your unique vocal instrument.

Feedback Assignment:

When an artist is signed to an artist development deal at a major/indie label, they record song after song after song. When I worked with Jasmine Villegas (Interscope Records, Damon Dash Music Group), she recorded 3-4 songs week at my studio. Then every month we would listen to all the songs she recorded and trash the ones that did not flatter her voice. Most of the songs she recorded were never released!

Artists record many, many songs before they actually pick a handful that they will actually share with the public. When the Black Eyed Peas released the E.N.D. album in 2009, Will.i.am. said they recorded 100 songs in order to pick the TOP 15 songs they released on the album.

So how did they develop their voice, art + sound for their new album? How did they pick the TOP songs that defined their artistry and new release?

They got real life feedback.

You too can get your music reviewed at <http://audiokite.com>. This site helps artist develop their craft, improve their music, inform their marketing and understand their audience through unbiased feedback from real music fans. We are going to do our own mini version of this now.

HERE IS YOUR ASSIGNMENT:

1. Record yourself singing 60 seconds of 5 songs.
2. Play them back for 5 people you trust who will offer you unbiased, loving feedback.
3. Ask each person,
 - “Which song do I sound best on?”
 - “Why did you pick that song”, “What do you love about my voice and personality in this song?”, “What do you feel are my vocal and artistic strengths”
4. Write what people said in the boxes below.

My Top 5 Songs:

Song # 1: _____

Song # 2: _____

Song # 3: _____

Song # 4: _____

Song # 5: _____

My 5 People + Their FAV Song Choice:

| | NAME | FAV SONG |
|----|-------|----------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |

Singing is not just about your voice. It's about your identity.

How would you describe your personality? To understand what kind of singer you are, you must know what kind of person you are. As we begin to gradually dive deeper into understanding you and your voice, first think about what your personality is like.

How do you communicate with others naturally? Are you a soft-hearted person who speaks with a light, beautiful tone that lives in your higher register? Or do you have a BIG personality and a powerful tone that resonates in your chest when you speak? Or are you a dancer with a rhythmic, commanding tone who is ready to shake it like a salt shaker?

What are the powerful, impressive, and inspiring qualities unique to you that make you stand out in a crowd? As a coach for passionate rising stars, I've learned that the greatest singers embrace and showcase what makes them unique, eccentric and one-of-a-kind. They let their freak flag fly. (And when I say "freak" I don't mean super weird, I mean it in a positive way.) What are your superstar qualities?

#NoFOMO

It is so tragic when singers spend years neglecting their own incredibly rare, precious, one-in-7-billion-people-on-this-planet identity!

Don't dim the radiant possibility of who you are meant to be and what you are meant to sound like.

You're not missing out on anything if you don't sound exactly like Gaga or Lana or Adele or Sam.

Try to imagine Adele singing a Katy Perry song. Or try imagining Adam Levine singing a Sam Smith song. Let's keep it real...there is just no way anyone is going to sound better singing an Adele song than Adele! And that includes you.

I believe that this self-neglect the #1 issue that creates the most #FOMO [Fear Of Missing Out]

But this is easily solved.

Don't be a copycat!

*Don't be so concerned with
what someone else can do with their voice
that you can't!*

*The only person you should be in competition with is
the man in the mirror.*

THE TRUTH IS

You will miss out on finding your own voice if you're so busy trying to sound like someone else!
Just be you in this moment--today and always!

Know your vocal challenges + skill level

In addition to knowing what you want and your unique identity, you also really need to get clear about your vocal challenges and your skill level.

Don't get me wrong...I want you to develop your skills so that you can do anything and everything you've ever desired with your voice! Just don't start with songs that are totally out of your range and skill level.

Get really great at what you know that you're great at first. Start by mastering songs that work well for your voice today!

*Now I want to give you a taste of
what we do in my 1:1 coaching sessions!*

*Let me show you the steps to
finding your uniquely awesome voice
with clarity + purpose!*

When I work 1:1 with singers like you at my studio in Los Angeles or via Skype, the first thing we do is identify your unique vocal strengths and challenges. We spend the first 90 days of training uncover your singer's story and transforming your fear into fire! We also pick the top 10 songs that make your voice come to life! These songs help establish an action plan for taking your voice to the next level. They show us what works well for your voice and what doesn't. What needs to change, and what you're naturally great at. What kinds of tone, style and music best suits you.

SO LET'S GET TO IT

Let me walk you through a journey of vocal and personal exploration with these **9 Powerful Q's** for finding your unique voice.

PART 2:

9 POWERFUL Q's TO FIND YOUR UNIQUE VOICE

Whether you've been in the singing game for a while or you're just starting out the process of freeing + loving your voice, it's incredibly exciting when you check in with yourself at least every 90 days and you ask yourself these 9 Powerful Q's!

Please be very specific and write, write, write as much as you can. There is magic and power in writing things down. A study was done that concluded that people are 42% more likely to achieve their goal just by writing it down!

TRUST IN WHAT LIGHTS YOU UP AND FOLLOW YOUR HEART!

Q1

What results do you really want in the next 90 days for your voice and your career?

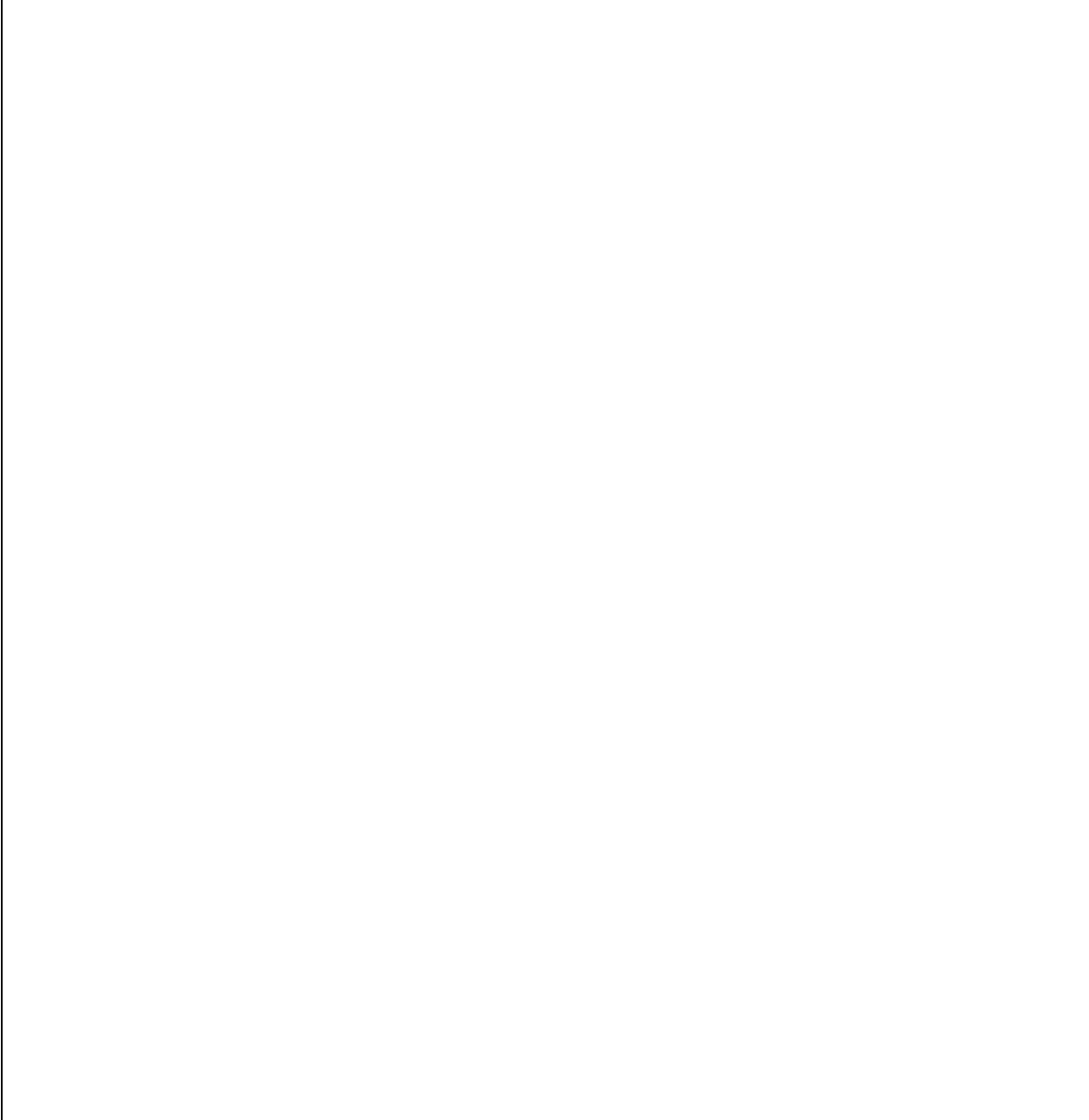
Deciding what you want is the very first step to reaching your dream. To get what you want, you must know know what you want! Clarity is power.

Once you know what you want, you must fully commit to it! All progress begins with a decision. You must believe it in order to see it. After all, the word "decide" in Latin means to cut off from any other possibility. You must be brave for a long time before it happens. When you commit, there's no guarantee that it will happen, which can be scary. That's why most people don't take action in the first place!

But once you make a decision to take action towards what you want, crazy things start happening, You will find magazine articles or blogs with a clue to your next action step. You will meet aligned people who can help you on your way. And you'll start having the most genius ideas in the shower...!

So, what do you REALLY want? What would make your heart soar into the stars? What is one thing your heart aches to do?

Decide and be as specific as possible. If you are not specific, you will not reach your goals! Don't just say, "I want to record a song" or "I want to master my voice". Say "I want to specifically record "Respect" by Aretha Franklin on August 15th at John's studio. OR I want to master my vocal break on notes A and B by September 30th.

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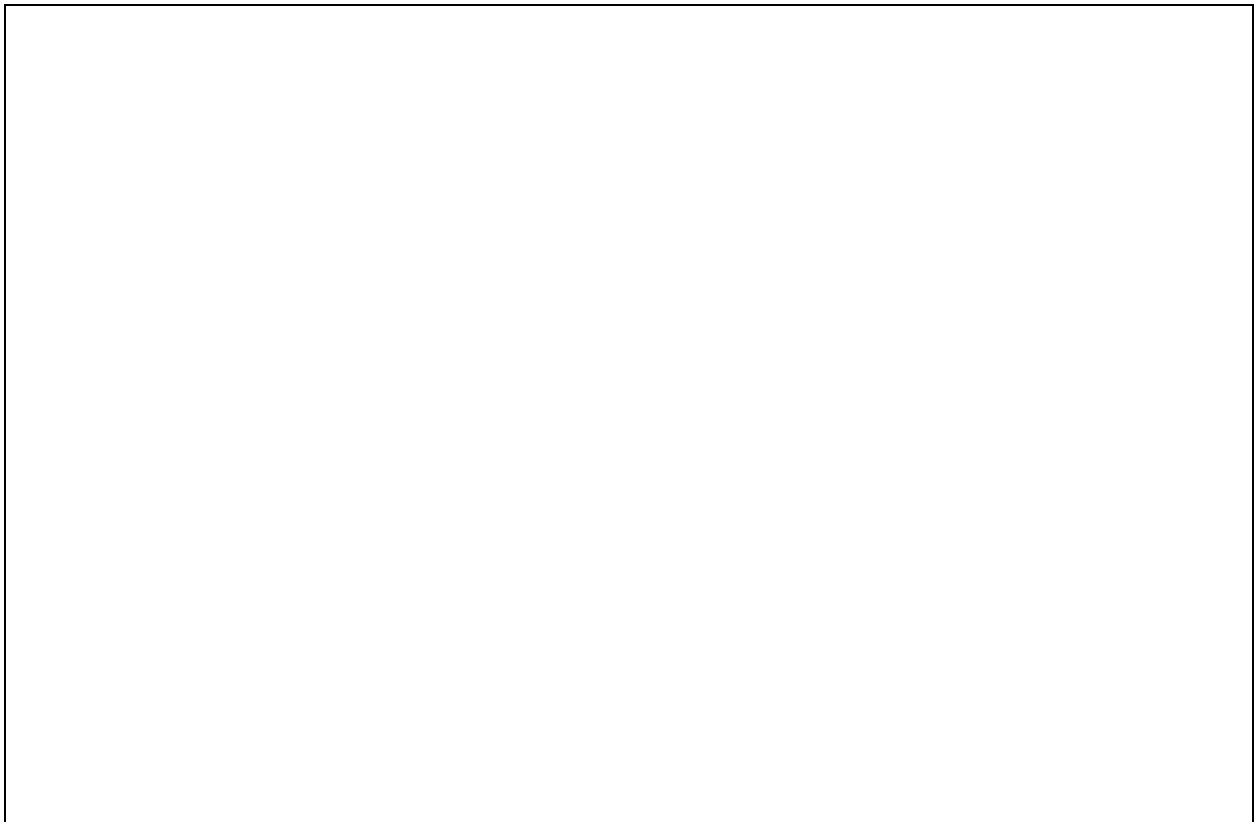
Q2

Why do you have these goals for you and your voice?

There are 2 parts to getting what you really want. One is knowing specifically what you want. The 2nd is--more importantly--knowing why you want it. And the why or the purpose behind your desire to achieve your goals will keep you going through the times when you might doubt or second-guess yourself. Your why's are your anchor during the tough times!

So what is your why? Why do you want what you say you want? What are your reasons for wanting to sing higher or with a fuller tone?

What is the purpose behind it? Is it because nothing will have you feeling more confident and free? Or is it because performing a song would make you feel extremely proud and happy? Or because you know you were born to do this and there is nothing else that make you happier and today you are taking a stand for your happiness?



Q3

What do you love about your voice and your personality? What are your strengths as a singer?

Maybe you love that you have a deep and resonant tone. Or you love how your vibrato sounds. Or you just love your calming, soothing tone. Maybe you love sharing a special message and connect with others on stage. Or perhaps your strength is that you're a great dancer with great rhythm and upbeat songs that everyone can groove to. If you are not sure of what your vocal strengths are, please complete our feedback assignment earlier in this workbook.

Singing is just a tool to bring out your superstar qualities.

Please don't be shy here. I want you to write down what you know is awesome about you and your voice because it's time to dream bigger! And it's time to obliterate any feelings of doubt for a moment and write down what you know is magnificent about you, your voice and your message.

What is your unique identity? Your one-of-a-kind freak flag? What life experiences do you bring to the table? What do you your friends say you are great at? What do your friends complain about that you find effortless? What is magnificent and glorious about you?

Q4

What criticisms or beliefs have been holding you back? Draw a picture of what's been holding you back from your singing dreams. Transform your singer's story.

*After years of denying my voice and my dreams,
I finally let go of my singer's story + painbody
And then my voice was set free!*

You have the opportunity to obliterate your fears and limiting beliefs, and you have the ability to dream bigger. What are the self-sabotaging thoughts that you may have accepted over the years? "I'm not good at singing"? Or, "People are going to judge me"? Or maybe, "I'll never make it in the music biz! I need to just get a regular job"?

Is there any guilt or shame you feel around being a singer pursuing your dream in your 20's or as an adult? What is your family's mentality around singers? What beliefs have you been soaking up about being a singer since you came out of the womb? What's your singing story?

To whatever degree you are feeling broken, insecure or disturbed, then use this as your opportunity to dive deeper into what the source of that feeling is, so we can uproot it and let it go.

When we are challenged to dig into our wounds and face our fears--this is our opportunity where we heal, grow and overcome!

As Oprah says,

"TURN YOUR WOUNDS INTO WISDOM."

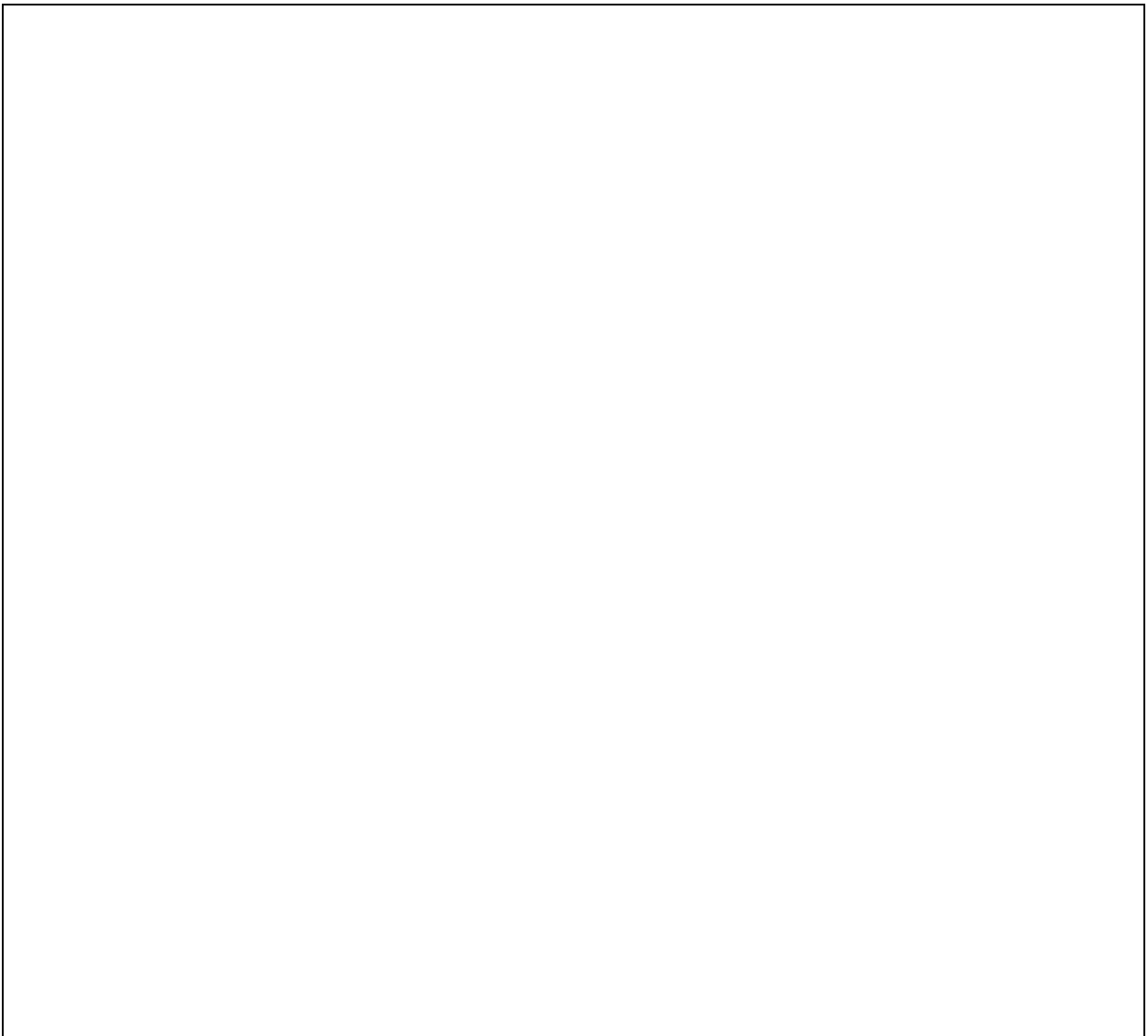
Here's your chance to transform your fear into fierce and become the singer you are meant to be today!

Draw a picture that represents your pain body (the old emotions or pain living inside of you)

Draw a picture of what's been holding you back from your singing dreams. What does your painbody look like? What has it been telling you that's been holding you back and sabotaging your success?

Include 5 words, a poem or objects that represent the fears, belief systems and/or conditioning that you think could be holding you back or sabotaging your success. Get creative: use colors, shapes, swirls, whatever comes to mind.

Pause the video and spend time in this process and keep drawing and writing whatever comes to mind, whatever wounds you're carrying in your heart. Release them. Let them out. Get it all out on the page. Dump it out!!



Now that you've dumped all these things that make up your old singer's story on the page, I want you to release it and obliterate it today. I want you to break free from it by leaving it on the page!

It's time to create a new singer's story from this clean slate!

YOU CAN BUILD POWER.

YOU CAN SING HIGH NOTES.

YOU CAN WRITE GREAT SONGS.

We often say we can't do this, and we can't do that. "I can't get up early to sing first". "I can't make time to post on social media every day!" "I can't cut out fast food!"

But when we say "I can't", what we really mean is "I won't". And what "I won't" means is you don't want it bad enough.

The singer that has an 'I can't!' story is very different from the one that has an 'I can!' story!

Peak performance expert Tony Robbins has applied the 80/20 rule to the study of success. He states that in almost every circumstance:

*80% of success is due to mastery over your painbody
(psychology, mindset, beliefs + emotions)*

*Only 20% is due to strategy
(specific steps needed to accomplish a result)*

Take responsibility for yourself. This week try changing "I can't" for "I won't" in your mind, and you will start to feel more empowered in your life!

We have a choice every day to choose what our attitude will be and how we will respond. And in taking control of this, we have far more power than you might think.

You get to create your own life and singing rules every day. You get to create your own beliefs about what your voice is capable of every day.

It's time to stop the self-deception! Focus on what you can control, not on what you can't!

Write your new singer's story. What are your new beliefs and mindset around your singing dream?
What is now possible for you?

A large, empty rectangular box with a thin black border, intended for the user to write their response to the prompts above.

Q5

What are your biggest technical challenges with your voice?

Are there any inconsistencies in your tone and control when you sing from low to high? If there are, what are those inconsistencies in your tone? For example, do you have a breaking point in your range or a place where you hit a ceiling and you can't seem to sing past a certain note without flipping into your head voice? If so, what note does this happen on?

Can you sing as loud as you want anywhere in your range? If not, describe the quality of your loud voice. What happens when you try to belt out loud?

Or as another example, do you ever strain or force the sound out of you? Write down what happens when you start straining and how it feels. Do you tighten your jaw or push your chin out? Does your voice ever become hoarse, sore or even hurt after singing? If so, when? After how much time passes?

Can you hold out notes as long as you would like, or do you run out of air too quickly? Or does your voice ever go off pitch, or maybe off beat?

Write down your specific technical singing challenges:

Q6

What top 3 genres/styles of music best suits your voice and your strengths?

Pick the genre or style of music that best suits your voice where it's at in this exact moment. Don't pick a style that you are naturally not great at as your primary style.

Let your primary genre be the genre that you want to be known for. Let it be the genre that you know you are amazing at where you can stand in your power. And then, let your secondary genre be one you are also very familiar with or that you grew up listening to. Let it be the genre that you are rooted in and that you are passionate about.

So for example, Kelly Clarkson's primary genre is Pop, her secondary genre is Rock, and then Soul is her third genre. Let the third genre you pick be one that you are developing, learning about and experimenting with.

I don't want you to think too hard about this one, because your genres can change and shift over time. Lady Gaga went from her first 2 pop albums to switching to a jazz record with Tony Bennett, to releasing her most recent Americana-country-blues album!

So maybe you too have lots of musical interests. If that's the case, then this exercise is great for you to hone in on the 3 musical genres that best suit you and your voice today!

Your Primary Genre: _____

Your Secondary Genre: _____

Your Third Genre: _____

Choose 3 from the musical genre list below

(originally from: soundclick.com/genrelist.cfm)

| | | | |
|---|--|--|--|
| <p>Acoustic Acoustic Folk Acoustic General Acoustic Guitar Acoustic Piano Acoustic Rock Acoustic Vocals Cover Songs Folk</p> <p>Alternative Alt Power Pop Alternative General Avant Rock Brit Pop Cover Songs Dance-Punk Emo Experimental Goth Grunge Indie Nu Metal Other Alternative Pop Punk Post Punk Shoegaze Ska</p> <p>Blues Acoustic Blues Blues General Blues Rock Country Blues Cover Songs Electric Blues Jump Blues Straight Ahead Blues</p> <p>Classical Baroque Chamber Music Choral Classical General Contemporary Ensembles</p> | <p>Electronic Acid Ambient Big Beat Breakbeat Chiptune Dance Drum n Bass Dubstep EDM Electro Electronica Euro Experimental Sounds Games Soundtrack Happy Hardcore House IDM Indietronic Industrial Jungle Mellow Minimal Noise Techno Techno Hardcore Trance Tribal Trip Hop</p> <p>HipHop Alternative Hip Hop Bass Rap Battles/Disses Christian Rap Freestyle Grime Hardcore Rap Hip Hop - Asian Hip Hop - Dutch Hip Hop - German Hip Hop General Hyphy Nerdcore New School Old School Positive Vibes Spoken Word</p> | <p>Instrumentals Beats General Classical Club Bangas Cover Songs Crunk Dance & Electronic Dirty South East Coast EDM Instrumental Electro-hop Film Music Funk Game & Soundtrack Gangsta Gospel Instrumentals Hardcore Hip Hop Instrumentals with Hooks Jazzy Beats Latin Miami Bass Mid West New School Old School Pop R&B Reggae Beats Reggaeton Rock Scratch Smooth Trap West Coast</p> <p>Latin Bossa Nova Cover Songs Cuban Flamenco General Latin Latin Jazz Mariachi Merengue Pop/Balada</p> | <p>Pop Adult Contemporary Beach Christmas/Seasonal Contemporary Christian Contemporary Gospel Cover Songs Euro Pop J-Pop Musical Pop General Pop Rock Power Pop</p> <p>Rock Christian Rock Classic Rock Cover Songs Folk Rock Garage Rock Goth Rock Guitar Rock Hard Rock Instrumental Rock Progressive Rock Psychedelic Rock Punk Riffs and Licks Rock En Espanol Rock General Rock n Roll Rock Unplugged Southern Rock Surf Rock</p> <p>Urban Cover Songs Funk Funky R&B Gospel Neo-Soul R&B/Soul/Pop Smooth R&B Soul</p> |
|---|--|--|--|

| | | | |
|---|--|--|---|
| Medieval Opera Renaissance Symphonic Country Alternative Country Americana Bluegrass Cajun/Zydeco Christian Country Country and Western Country General Country Swing Country-Pop Country-Rock Cover Songs Honky-Tonk Rockabilly Traditional Country | Jazz Acid Jazz Bebop Cover Songs Dixieland Free Jazz Jazz Fusion Jazz General Jazz Vocals Lounge Modern Jazz Nu Jazz Smooth Jazz Swing | Reggaeton Salsa Samba Tango Metal Alternative Metal Cover Songs Death/Black Metal Doom Metal Goth Metal Heavy Metal Industrial Metal Metal Riffs and Licks Power Metal Progressive Metal Rap-Metal Thrash Metal | World Dancehall Dub Native American New Age Reggae Traditional African Traditional Arabic Traditional Asian Traditional Celtic Traditional European Traditional Hawaiian Traditional Indian Traditional Irish Traditional Spanish World Fusion World General |
|---|--|--|---|

Why you are passionate about these 3 genres?

If you picked your primary genre as R&B for example, then I am assuming you love to riff, and that you are in touch with the soul of the song. This is different than singing the Pop genre, where you don't have to necessarily be able to riff or really use a wide range.

Or maybe you like Jazz, where you want to have a really flexible voice to improvise. Or maybe you love Rock, where you have more powerful belted tones--each genre requires different skills, nuances, and vocal tones. And knowing this is so important!

What about your voice will work well in these genres?

Why do you feel tied to this kind of sound?

What about your voice and current skill level matches these styles?

What about your voice do you need to work on to match these styles?

Q7

Which 3 singers do you naturally sound most similar to? And why?

Which singers do you consider to be your kindred spirits? Knowing the answer to this question will really help you know your voice and determine how you approach singing your exercises and the kind of tone you'll use.

For example, if I was training Sam Smith, he would sound totally different singing a tenor's high C than if I was training Shawn Mendes. Sam Smith takes on a more edgy, thinner tone in his upper range with a more nasal, gospel sound. And Shawn Mendes uses a more throaty, bigger, belted rock tone.

This is where knowing your voice and honoring your innate gifts comes into play. This is where really feeling into your body, your throat, and your desires really matters. If you don't know what you naturally sound like, well, here's a chance to discover and get clarity.

You can't force a square peg into a circle.

*You can't go against nature
and try to force your throat
to do something that's the opposite
of what your throat was
uniquely meant to do.*

And remember: no one is any better at sounding like you than you! Yes, find your kindred spirit singers that you sound like already, because those voices will be easier and less of a struggle for you to emulate...

But at the same time, know that there is already a Demi Lovato. There was already a Frank Sinatra. But there isn't a you! You are going to sound glorious when you get this, when you love your voice and start giving yourself permission to sound like you!

Which 3 singers do you feel that you naturally sound most similar to? And why?

Singer 1._____

Singer 2._____

Singer 3._____

Q8

What are your top 3 fav cover songs to sing by your top 3 fav singers? And why?

I want these songs to be a really good match for where your voice is today! So if Sam Smith is one of your top 3 influences, list 3 of his songs that you would like to sing.

Please do not claim that Sam Smith is one of your influences if you have not mastered singing at least 3 of his songs!

Challenge Assignment:

Take your time on this. Spend the week making playlists on YouTube or Spotify, and decide for yourself what songs fit your voice like a glove.

If you have to change your top 3 influences because you decide you're actually digging other songs from another new artist or a singer that you had overlooked, then by all means, take your time to explore!

In my private program, sometimes we have to go through 50 to a 100 songs until we can wind it down to our top favorite handful of songs!

Singer #1: _____

| | Song Title | Why did you pick this song? |
|----------------|-------------------|------------------------------------|
| Song #1 | | |
| Song #2 | | |
| Song #3 | | |

Singer #2: _____

| | Song Title | Why did you pick this song? |
|---------|------------|-----------------------------|
| Song #1 | | |
| Song #2 | | |
| Song #3 | | |

Singer #3: _____

| | Song Title | Why did you pick this song? |
|---------|------------|-----------------------------|
| Song #1 | | |
| Song #2 | | |
| Song #3 | | |

Q9

What is your vocal profile?

For this exercise, I'm going to give you one of the most helpful online resources I've ever found for understanding your voice and the voices of the singers you love and are similar to. This website has an analysis and description of many of your favorite singers' voices, so you can read about and study what makes their voices uniquely awesome. With this knowledge, you have amazing info to help you get clear on what similar vocal qualities you possess and/or feel like you want to develop.

Visit your favorite singers' profiles at: criticofmusic.com.

You'll see examples of different singers hitting the same high C, but you'll be able to hear how they sound totally different! You'll also be able to read about what makes them sound different!

The info on this website is so incredibly valuable to us as singers that I've included a few vocal profiles below for examples.

Adele's vocal profile

Range: C3 to C6.

Vocal Type: Dark mezzo-soprano.

Recommended Listeners: Hometown Glory, I Can't Make You Love Me, Someone Like You, Rolling In The Deep

Positive vocal attributes: Adele is known for two things: power and emotion. Though her belts don't stretch incredibly high, range-wise, they tower over most competitors in terms of sheer force, like in her song, rolling in the deep. Her emotions conversely, are just as moving. She plays a scornful ex-girlfriend, wallowing-in-heartbreak ex-lover, and a sweet wife with gut-wrenching ability.

Her lower register is weighty and full, like in her song hometown glory. The mid-range and belting register loses weight as it ascends, meaning that lower belts are more powerful than upper ones. Though not often used, her falsetto is airy and used with great expression, like in someone like you, while the head voice is fuller, though not quite operatic. She has an excellent, natural vibrato.

Vocal challenges: Adele uses improper, damaging technique to achieve the resonance of her upper belts. She also opts not to use her falsetto or head voice very often live, though this could be an artistic decision.

Justin Bieber's vocal profile

Range: A2 to F5.

Vocal Type: light-lyric baritone.

Recommended Listening are: As Long As You Love Me, Love Yourself

Positive vocal attributes: a light, smokey and warm tone throughout each register. He has an agile voice, capable of melismas and seamless transitions from chest voice to falsetto. A confident vocalist, bieber tends to use his lower register sparingly, choosing to opt for softer passages as opposed to ones that require more projection. However, he has shown the capacity to project down to b2.

As he ascends, his voice gains a much lighter and warmer texture, while still maintaining the same smoky texture seen in the lower register. Significant ease in the tenor tessitura, showing almost no effort on notes up to f4. A light head voice mix brings his chest voice up to b4 in love yourself. He has a light, and sweet falsetto that has been gaining endurance over time. His head voice is light with a slight feminine edge.

Vocal challenges: overall the voice lacks power and resonance, becoming nasally and whiny above e4. His lower register is breathy, and upper belts are also forced in some instances as well. His melismas and runs lack musicality, often breaking from what is reasonable for the music. His intonation is inconsistent in live settings. His g#2 is way too forced.

Now it's your turn to write your vocal profile!

Using criticofmusic.com as a reference, figure out and list your vocal range and vocal type. I also want you to include your own recommended listenings. (These are songs that you can sing or are currently working on. Or for experienced singers, songs you've already recorded, including originals. And then I want you to write a few short paragraphs to describe your positive attributes and your challenge areas.

Your vocal profile

Range: _____

Vocal Type: _____

Recommended Listenings: _____

Your positive vocal attributes:

Your vocal challenges:

Your Next Steps...

Yay!! I want to congratulate you for completing my 9 Q's for Finding your Unique Voice!!

You may have thought that having the best vocal technique and exercises will catapult you singing success, and you would be partly right. However, you've got to find your uniqueness and vocal identity for your voice to shine!

Remember: no one is ever going to better at sounding like you than you--and that is your gift!

My dream for you is that you'll walk away from this training knowing exactly what it is you want and why. And having a strong sense of clarity around what style and songs best suit your vocal profile! And the bottom line is that nothing can stop you--not even yourself--now that you have obliterated the limiting beliefs and created a new singer's story.

Clarity comes from engagement, not thought. You can't unlock your momentum unless you actually physically do it. Thank you for taking action and completing your workbook!

The next crucial step is to take more action that's why **9 Q'd is the just the 1st training!**

READY FOR THE FULL PROGRAM?

Get my brand new course now. Sing with Intention: A 4-part video course to help you fall in love with your voice. [>>>Click here to learn more.](#)

It has been my pleasure to share this training with you. Keep believing in the power of your unique voice and follow your singing dream!

Much love,



P.S. If you'd like to learn more about working with me privately in any of my programs, email us to set up a Power Hour at info@iheartmyvoice.com. More info at iheartmyvoice.com

P.P.S. Here's a BONUS Q #10: Your 10 Magical Action Steps! This Q is for you superstars who have made it to the end of this workbook, you're awesome!

BONUS Q10

What are your 10 magical action steps? What can you do in the next 90 days to get closer to finding your unique voice?

Now it's time for what I call "10 Magical Action Steps". Make a list of 10 action steps. Action is magical. Action is how you build momentum! Action is how you'll discover the strength and confidence you didn't know you had!

Don't censor yourself, even if it's silly! You're brainstorming! There are no bad, silly or stupid ideas!

| # | 10 Magical Action Steps | Notes | Date to be completed |
|----|-------------------------|-------|----------------------|
| 1 | | | |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | | | |
| 8 | | | |
| 9 | | | |
| 10 | | | |

About Roxie Francis

Roxie Francis is a Vocal Coach and Artist Mentor for passionate singers who want to discover their full vocal potential, become the best version of themselves and live their superstar dreams!

A true Angeleno with nothing more than a love for music, a voice and a dream, she has spent over a decade working with stars from YouTube, Nickelodeon, Billboard chart-topping artists and Grammy award winning producers.

Roxie graduated from UCLA's Herb Alpert School of Music and became certified as a life + success coach, so she could help passionate singers like you dream big and back it up with meaningful action to create results, recordings and performances that you love.



From singing lessons to piano, from songwriting to the stage, + lots more in between...She founded I Heart My Voice with her hubby, artist development + recording coach Lucas to give singers like you permission to develop your uniquely awesome voice and share your message with the world. Because...

Every voice matters and no one is better at sounding like you than you.

Together they offer customizable programs in person or online, an in-house recording studio and loving artist mentorship. It's the IHMV way. And when you train at IHMV, you'll gain access to everything they know and as much tough love feedback as you need to become the best version of you possible. Because you make you awesome!

Whether you're starting or growing your singing career, or just looking for a new way of self-expression, IHMV is here to serve. Dedicated to making an impact, one voice and song at a time. The heart of IHMV beats on love and a passion for what's possible when we all live our superstar dreams every day.

To find out more about IHMV vocal and artist development programs please visit www.iheartmyvoice.com